



The Institute for the Seriously Bewildered

Certificate of Achievement In Sanity

be it known that as of this day,

and under the care and attention of Dr Fritz Hecker that

*has been examined and found to be of sound mind and probably free from
symptoms and signs of any and all thought disorders, including delusions,
paranoid or otherwise, and is hereby certified as sane and is therefore released
into the community without let or hindrance*

You should however remain vigilant to the signs of relapse in the future. These signs include but are not limited to:

- * Your friends tell you that you have been acting strange lately, and then you hit them several times with a sledgehammer.
 - * Everyone you meet appears to have tentacles growing out of places that you wouldn't expect tentacles to be growing from.
 - * You wear boxers on your head because you heard it will ward off evil dandruff spirits.
 - * You're always having to apologize to your next door neighbour for setting fire to his lawn decorations.
 - * You have meaningful conversations with your toaster.
 - * You like cats, especially with mayo.
 - * Your main goal in life is to become the President of Bulimia.
 - * Nearly everything you say involves the word "P-toing!"
 - * You think that exploding wouldn't be so bad, once you got used to it.
 - * People offer you help, but you unfortunately interpret this as a violation of your rights as a boysenberry.
 - * You like reading lists like this.
- Incidentally, Dr Fritz is available for remedial therapy at any time due to the fact that he has just invested in a time share and needs to make the payments. He can be reached at www.fritzhecker.com

Chairperson of the Board of Regents of the Institute for the Seriously Bewildered

Chairman

